

AJAX

APPETIZERS

AVOCADO CASHEW CAESAR **contains nuts*

Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese 10.75 / 16.35

VEGAN ARANCINI

Classic Italian rice balls stuffed with Earth Island mozzarella, peas, lightly fried & served with marinara sauce (gluten free) 11.50

**please note that the oil in which our arancini are fried is also used for other menu items*

PIZZA

VEGAN SMOKED SALMON PIZZA **contains nuts*

Pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill 18.25

VEGAN PIZZA BIANCO E FUNGHI **contains nuts*

Pizza Bianco with mushrooms, rosemary, black olives, arugula, pine nuts, truffle oil, cashew cheese sauce 18.25

VEGAN SAUSAGE PIZZA

Tomato sauce, Earth Island mozzarella, fennel sausage, roasted red peppers, basil 18.25

VEGAN PIZZA MELANZANE

Tomato sauce, Earth Island mozzarella, eggplant, olives, tomatoes 18.25

VEGAN PIZZA MARGHERITA

Tomato sauce, Earth Island mozzarella, fresh basil 16.95

VEGAN PIZZA CARCIOFI

Tomato sauce, Earth Island mozzarella, artichoke hearts, roasted red peppers, black olives, basil 18.25

VEGAN PESTO PIZZA **pesto contains nuts*

Pesto, Earth Island mozzarella, tomatoes, red onions 17.25

PASTA

VEGAN RIGATONI BOLOGNESE

Lentil & mushroom bolognese sauce 20.50

PLANT-POWERED CLASSIC LASAGNA **contains nuts*

Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, plant-based parmesan 20.50

PENNE ALLA NORMA

Eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce 18.75

VEGAN AGNOLOTTI

Agnoletti filled with our tofu, cashew based ricotta in a vegan butter sauce with vegetables 20.50

VEGAN SPAGHETTI **pesto contains nuts*

With pesto, cherry tomatoes & summer vegetables 17.95

DANFORTH

VEGAN LASAGNA **contains nuts*

Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, plant-based parmesan 20.50

VEGAN PENNE A LA NORMA

Eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce 18.75

VEGAN MANICOTTI **contains nuts*

Pumpkin & plant-based ricotta filled manicotti with cashew cream & tomato sauce 21.00

VEGAN ORECCHIETTE **contains nuts*

Cashew truffle cream sauce & sautéed spinach, plant-based parmesan 19.50

VEGAN SPAGHETTI CAPRI **contains nuts*

Plant-based chicken, wild mushrooms, spinach, tomato, olive oil, garlic, plant-based parmesan 22.95

VEGAN SPELT RIGATONI

With lentil mushroom bolognese 18.00

VEGAN PESTO SPAGHETTI **contains nuts*

Pesto, cherry tomatoes & summer vegetables 17.95

add vegan chicken to any pasta 5.00

VEGAN SAUSAGE PIZZA

Tomato sauce, plant-based mozzarella, fennel sausage, roasted red peppers, basil 18.25

VEGAN PIZZA MARGHERITA

Tomato sauce, plant-based mozzarella, fresh basil 17.25

VEGAN MUSHROOM PIZZA **contains nuts*

With Stoke's truffle cashew cheese, mushrooms, olive oil dressed arugula 18.00

VEGAN PIZZA MELANZANE

Tomato sauce, plant-based mozzarella, eggplant, olives, tomatoes 18.25

VEGAN PIZZA CARCIOFI

Tomato sauce, plant-based mozzarella, artichoke hearts, roasted red peppers, black olives, basil 18.25

VEGAN PESTO & CAULIFLOWER PIZZA

**contains nuts*

With red onions & plant-based mozzarella 18.25

VEGAN SMOKED CARROT PIZZA **contains nuts*

Pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill 19.00

BAYVIEW

SALADS

INSALATA MISTA

baby arugula & mixed lettuce, radicchio, fennel, cherry tomatoes, Peruvian peppers, white balsamic honey vinaigrette 10.55/15.65 **contains honey*

AVOCADO CASHEW CAESAR ☺

crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese 10.55/15.65

VEGAN GREEK SALAD

mixed greens, plant-based feta, cucumber, tomatoes, olives, red wine vinaigrette 10.75/16.25

BRUSCHETTA POMODORO

grilled sourdough bread, tomatoes, basil, garlic, olive oil 9.95

PASTA

spelt rigatoni add 2.00 / rice flour fusilli pasta add 2.25

VEGAN RIGATONI BOLOGNESE

lentil & mushroom bolognese sauce 20.95

VEGAN ORECCHIETTE ☺

cashew truffle cream sauce & sautéed spinach, plant-based parmesan 19.95

SPELT RIGATONI ALLA NORMA

eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce 18.95

PIZZA

✂ *included in \$12.75 pizzas*

VEGAN SMOKED SALMON PIZZA ☺

pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill 18.95

VEGAN GREEK PIZZA

tomato sauce, Earth Island mozzarella, tofu feta, black olives, spinach, red onions 18.95

VEGAN SAUSAGE PIZZA

tomato sauce, Earth Island mozzarella, vegan fennel sausage, roasted red peppers, basil 18.95

VEGAN PEPPERONI PIZZA

tomato sauce, Earth Island mozzarella, vegan pepperoni, onions, green pepper 18.95

VEGAN PIZZA MELANZANE

tomato sauce, Earth Island mozzarella, eggplant, olives, tomatoes 18.95

VEGAN PIZZA MARGHERITA ✂

tomato sauce, Earth Island mozzarella, fresh basil 17.95

VEGAN PIZZA CARCIOFI ✂

tomato sauce, Earth Island mozzarella, artichoke hearts, roasted red peppers, black olives, basil 18.95

BAYVIEW

APPETIZERS

BR
SOUP OF DAY.....9.00
Ask your server for details

GR
USCHETTA POMODORO.....9.95
Grilled ciabatta topped with olive oil, garlic, tomatoes, basil

EKK SALAD.....9.75/14.95
Mixed greens, plant-based feta, cucumber, tomatoes, olives, red wine vinaigrette

AVOCADO CASHEW CAESAR.....9.75/14.95
Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese, *contains nuts*

PIZZA GLUTEN FREE CRUST ADD \$3.95

PI GAN SAUSAGE PIZZA.....20.00
Tomato sauce, Earth Island mozzarella, fennel sausage, roasted red peppers, basil

VEZZA VEGANO.....19.00
Tomato sauce, Earth Island mozzarella, spinach, caramelized onions, roasted red peppers, black olives

PI GAN GREEK PIZZA.....19.00
Tomato sauce, Earth Island mozzarella, tofu feta, black olives, spinach, red onions

PIZZA VARESE.....19.25
Tomato sauce, Earth Island mozzarella, roasted red peppers, grilled zucchini, oregano, arugula

ZZA RAPINI.....18.50
Tomato sauce, garlic, oregano, rapini, caramelized onions, pepperoncino, extra virgin olive oil

OUR PIZZA DOUGH AND TOMATO SAUCE ARE
100% VEGAN

MAINS

ADD VEGAN SAUSAGE TO ANY PASTA 4.50.....19.00

SPAGHETTI BOLOGNESE.....19.00
With a lentil & mushroom bolognese sauce

FUSILLI (gluten-free).....20.75
With green peas, cherry tomatoes, spinach, eggplant, black olives, garlic & olive oil

AGNOLOTTI IN BUTTER SAUCE.....19.95
Agnolotti filled with our tofu, cashew based ricotta in a vegan butter sauce with rapini, asparagus & mushrooms, *contains nuts*

PLANT-POWERED CLASSIC LASAGNA.....18.00
Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, *contains nuts*

ORECCHIETTE.....19.75
Cashew truffle cream sauce & sautéed spinach, *contains nuts*

SPAGHETTINI ALLA TRAPANESE.....
Basil & almond pesto, tomatoes, plant based parmesan cheese, pine nuts, *contains nuts*

GLUTEN-FREE VEGAN OPTIONS
Vegan Fusilli Pasta (rice flour) 2.00

DESSERTS

SORBET.....7.25
Limone or frutti di bosco

HAZELNUT GELATO.....9.25
Made with Italian rice milk, *contains nuts*

VEGAN CHOCOLATE COCONUT CAKE.....
Finished with berries & coconut whipped cream

OAKVILLE

APPETIZERS

BRUSCHETTA POMODORO

Toasted Calabrese bread with olive oil, garlic, tomatoes, basil \$9.85 *add plant-based mozzarella \$4.25*

VEGAN CAESAR **contains nuts*

Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese and croutons \$10.50/\$14.50 *add avocado slices to any salad \$2.50*

PIZZA

gluten-free crust add \$3.95

PIZZA MARGHERITA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, basil \$16.50

PIZZA IOSA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, mushrooms, artichoke hearts, black olives \$18.50

PIZZA VARESE

San Marzano D.O.P. tomato sauce, plant-based mozzarella, roasted red peppers, grilled zucchini, oregano, arugula, black olives \$18.95

PIZZA VEGANO

San Marzano D.O.P. tomato sauce, plant-based mozzarella, grilled zucchini, grilled eggplant, roasted red peppers, arugula \$18.95

PIZZA MARINARA

San Marzano D.O.P. tomato sauce, herbs, garlic (no cheese) \$13.95

PIZZA RAPINI

San Marzano D.O.P. tomato sauce, garlic, oregano, rapini, caramelized onions, pepperoncino, extra virgin olive oil 17.85

VEGAN SAUSAGE PIZZA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, fennel sausage, roasted red peppers, basil \$19.50

PASTA

gluten free pasta \$2.25

SPAGHETTINI E RAPINI

Rapini, chilli flakes, aglio e olio \$16.95

PENNE PRIMAVERA

Pomodoro sauce, zucchini, peppers, spinach, broccoli \$17.95

SPAGHETTINI ALLA TRAPANESE **contains nuts*

Basil and almond pesto, tomatoes, plant-based parmesan \$18.95

PENNE ALL'ARRABBIATA

Spicy pomodoro sauce with garlic, hot peppers \$16.95

PENNE ALLA NORMA **contains nuts*

Eggplant, cherry tomatoes, garlic, chillies, red wine, pomodoro sauce, plant-based parmesan cheese \$18.95

DESSERT

TORTA DI POLENTA **contains nuts*

Warm orange, almond flour, & cornmeal polenta cake, orange caramel sauce \$9.00